Program Summary

**Task Force:** Thank you for the time and effort you put forth in your report. Through the USAP process, we are working to create a culture of continuous improvement; setting specific and measurable goals is an important step in the process of moving IPFW toward this culture of improvement. Part of this effort is getting individuals and units at IPFW to think differently about planning and the future. The work of Behavior Health Clinic is critical to IPFW and we greatly appreciate the time you spent on this significant endeavor. Thank you again for being part of this important initiative.

**Criterion:** #1: Mission - How does your unit support the mission of the university? This may include your mission and vision statements. (no more than 200 words)

**Question:** Mission - How does your unit support the mission of the university? This may include your mission and vision statements. (no more than 200 words)

**Behavioral Health and Family Studies Mission:**

The mission of the IPFW Behavioral Health and Family Studies Institute is to provide a comprehensive, interdisciplinary center offering leadership for community concerns related to behavioral health and family studies and providing professional education, community training, professional practice experience, consultation, research, and dissemination of knowledge related to behavioral health and family studies topics.

**IPFW Center for Healthy Living Mission:**

IPFW Center for Healthy Living: Campus Clinic and Wellness Programs provides health services and wellness program to students, faculty, staff and the general public.

**IPFW Lafayette Street Family Health Clinic Mission:**

The Mission of the Lafayette Street Family Health Clinic is to provide high-quality, comprehensive family planning services to low-income women and men.

**Criterion:** #2: Accomplishments - Please list significant accomplishments from the last three years as they align with Plan 2020 goals

**Question:** I. Foster Student Success - Please list significant accomplishments from the last three years as they align with Plan 2020 goal area I: Foster student success.
Behavioral Health and Family Studies Institute:

• Provide Suicide Prevention Programs

IPFW Center for Health Living:

• The IPFW Center for Healthy Living provides specific health services and education programs to promote health and wellness among students that promote student success and retention. Provide educational experiences for students in health professions.

IPFW Lafayette Street Family Health Clinic:

• Undergraduate and Graduate Students complete clinic requirements in clinic.

**Question:** II. Creation of Knowledge - Please list significant accomplishments from the last three years as they align with Plan 2020 goal area II: Promote the Creation, Integration, and Application of Knowledge.

Behavioral Health and Family Studies Institute:

• Promote suicide prevention.

IPFW Center for Healthy Living:

• N/A

IPFW Lafayette Street Family Health Clinic:

• Healthcare knowledge is applied to serve patients and educate students.

**Question:** III. Regional Hub - Please list significant accomplishments from the last three years as they align with Plan 2020 goal area III: Serve as a Regional Intellectual, Cultural, and Economic Hub for Global Competitiveness.

N/A

**Question:**
IV. - Create a Stronger Univ - Please list significant accomplishments from the last three years as they align with Plan 2020 goal area IV: Create a Stronger University through Improving the Support of Stakeholders and the Quality and Efficiency of the Organization.

Behavioral Health and Family Studies Institute:

- Organize regional suicide prevention coalition statewide.

IPFW Center for Healthy Living:

- The IPFW Center for Healthy Living provides wellness programs and services for employees and students to promote optimal health, disease prevention, and disease management. The Center also provides educational experiences for students.

IPFW Lafayette Street Family Health Clinic:

- Provides healthcare to the underserved.

Question: Other Accomplishments - Please list any other significant accomplishments from the last three years that do not align with Plan 2020.
Behavioral Health and Family Studies Institute:

- Member of State Suicide Committee (Dept. of Mental Health and Substance Abuse)
- Send out Bi-Monthly Blast – Suicide Prevention
- Educate hundreds of individuals in certified suicide prevention
- Go to resource in state concerning suicide prevention

IPFW Center for Healthy Living:

- Increase in patient visits to Campus Clinic after taken over in June 2014
- Campus Clinic is becoming self-supporting through insurance billing.
- Athletics Centers Fitness Center Usage Increase
- Consistent interest and usage for wellness screenings like blood pressure, blood sugar, weight, blood lipids and glucose and total blood health profile
- Consistent interest and usage for immunizations like flu shots.
- Consistent interest and registration for lifestyle behavioral change programs like Weight Watchers, Healthier U Monthly Habit Challenge, Freedom From Smoking, and Mastodons In Motion
- Satisfaction for annual health education/awareness events like IPFW Suicide Prevention Week, IPFW Mental Health Day, National Collegiate Alcohol Awareness Week, IPFW Fall Fest Halloween Howl 1 Mile and 5 km, IPFW Great American Smokeout “stop smoking” Block Party, National Eating Disorders Awareness Week, spring IPFW Health Fair, IPFW Alcohol Awareness Day, and Summerfest

IPFW Lafayette Street Family Health Clinic:

- Received consistent federal grant funding to support clinic ( $250,000 to 300.00 per year)
- Top Indiana Family Health Council Clinic in State

**Criterion:** #3: Accreditations - Program specific accreditation and status

**Question:** Accreditations - What program-specific accreditations and status do you have, if any?
Behavioral Health and Family Studies Institute:

- Staff are certified.

IPFW Center for Healthy Living:

- IPFW Center for Healthy Living staff are certified and licensed. Campus Clinic holds necessary accreditations and contracts.

IPFW Lafayette Street Family Health Clinic:

- Clinic is accredited and staff are certified and licensed.

**Question:** Constraints/Benefits - How do these accreditations constrain or benefit the work of your unit, if applicable?

N/A

**Criterion:** #4: Laws and Mandates - Federal and state laws or mandates that your unit addresses

**Question:** Federal and State Laws - What federal and/or state laws or mandates do you address, if any?
Behavioral Health and Family Studies Institute:

- Provide mandated suicide prevention training to new teachers.

IPFW Center for Healthy Living:

- We follow all laws and regulations that govern the providing of healthcare and insurance regulations.

IPFW Lafayette Street Family Health Clinic:

- Title X federal guidelines and regulations, state and federal laws and regulations for healthcare services.

“This law requires institutions receiving federal financial assistance to establish drug and alcohol abuse prevention programs for students and employees. Students and employees must receive materials annually that contain standards of conduct, a description of the various laws that apply in that jurisdiction regarding alcohol and drugs, a description of the various health risks of drug and alcohol abuse, a description of counseling and treatment programs that are available, and a statement on the sanctions the university will impose for a violation of the standards of conduct.”

**Question:** Constraints/Benefits - How do these federal and state laws or mandates constrain or benefit the work of your unit?

N/A

**Criterion:** #5: Inefficiencies - Activities that you spend resources on inefficiently or in ways that do not support the mission.

**Question:** Inefficient use of resources - On what activities, if any, do you spend resources (money, time, people, etc.) inefficiently or in ways that do not support the mission of your unit or the university? List as many as apply.

N/A

**Criterion:** #6: IR and Budget Review - Review of your department profile and budget

**Question:** Contextualize IR data - Upon review of your IR Department Profile (for academic units) and FY 14-15 Budget information, are there any data you want to correct or contextualize? To view your profile or budget visit the Office of Institutional Effectiveness website: http://www.ipfw.edu/offices/ir/profiles/
Behavioral Health and Family Studies Institute:

- The Institute brings in funding through suicide prevention training. Also have contract with Community Behavioral Health to do state-wide suicide training.

IPFW Center for Healthy Living:

- The Campus Clinic is moving toward self-sustaining and the wellness programs are funded by wellness funds from benefits paid by employees.

IPFW Lafayette Street Family Health Clinic:

- The IPFW Lafayette Street Clinic is self-supporting through federal grants.

**Criterion:** #7: Goal One - In this criterion, you will identify your unit goals and tell us how they align to Plan 2020, how they are measured, and what resources you need to meet them.

**Task Force:** 1. Comment on the specificity of the goal:

   The goal is not measurable or time specific as stated.

2. Comment on the goal's measures:

   Metrics need a baseline and target number (e.g., number of people currently trained and goal number to be trained).

3. Comment on the unit's ability to achieve the goal (include a consideration of the departmental profile and budget data):

   Unclear of specifics of staffing need (e.g., full or part-time, etc).

4. Comment on the goal's relevance:

   Highly relevant

5. Comment on the timeline of the goal:

   Missing

Possible opportunities for collaboration or suggestions for addressing a gap:

- Student Assistant Program

**Question:** Unit Goal - What is your unit goal?
BHC Behavioral Health Clinic

Behavioral Health and Family Studies Institute:

Educate professionals, agency staff, teachers and general public about suicide prevention and to coordinate and support grass roots efforts to prevent suicide.

Question: IPFW Goal - What 2020 goal(s) does this unit goal align with? List as many as apply. If it does not align, you may write “NA” or clarify.

N/A

Question: Priority Level - Is the unit goal high, medium, or low priority? Limit your high-priority unit goals to 3 to 5.

High

Question: Actions - What action(s) does your unit plan to take to support this unit goal?

Provide suicide prevention training through Continuing Studies. Contract with agencies in state to do suicide prevention training.

Question: Metrics - With what metrics will you assess progress toward accomplishing this unit goal on an annual basis?

Number individuals trained and satisfaction survey.

Question: Resources - Are you able to accomplish this unit goal with your current resources?

N/A

Question: Needed Resources - If you don’t have enough resources, what additional resources do you need to accomplish this unit goal?

Need funding for staff.

Question: Challenges - What challenges, other than financial resources, might affect your progress toward accomplishing this unit goal?

N/A

Question: Timeline - If achieving this unit goal will take longer than one year, what is your timeline for implementing and accomplishing it?

N/A

Criterion:
BHC Behavioral Health Clinic

#8: Goal Two - In this criterion, you will identify your unit goals and tell us how they align to Plan 2020, how they are measured, and what resources you need to meet them.

**Task Force:**

1. Comment on the specificity of the goal:
   
   The goal is not measurable or time specific as stated.

2. Comment on the goal's measures:
   
   Metrics need a baseline and target number.

3. Comment on the unit's ability to achieve the goal (include a consideration of the departmental profile and budget data):
   
   Unsure because target is not defined.

4. Comment on the goal's relevance:
   
   Relevant

5. Comment on the timeline of the goal:
   
   Missing
   
   Possible opportunities for collaboration or suggestions for addressing a gap:
   
   Student Assistance Program

**Question:** Unit Goal - What is your unit goal?

**IPFW Center for Healthy Living:**

Meet health and wellness needs of students, faculty, staff and general public.

**Question:** IPFW Goal - What 2020 goal(s) does this unit goal align with? List as many as apply. If it does not align, you may write "NA" or clarify.

Provide health and wellness services to students, faculty, staff and the general public.

**Question:** Priority Level - Is the unit goal high, medium, or low priority? Limit your high-priority unit goals to 3 to 5.

High

**Question:** Actions - What action(s) does your unit plan to take to support this unit goal?

Continue to increase patient/client visits at Center for Healthy Living.
**Question:** Metrics - With what metrics will you assess progress toward accomplishing this unit goal on an annual basis?

*Number of patient/client visits and satisfaction survey.*

**Question:** Resources - Are you able to accomplish this unit goal with your current resources?

*Campus Clinic is self-supporting through billing insurance. Wellness funding from faculty and staff benefits plus student government.*

**Question:** Needed Resources - If you don't have enough resources, what additional resources do you need to accomplish this unit goal?

*Need more space for Center for Healthy Living.*

**Question:** Challenges - What challenges, other than financial resources, might affect your progress toward accomplishing this unit goal?

*Marketing of services.*

**Question:** Timeline - If achieving this unit goal will take longer than one year, what is your timeline for implementing and accomplishing it?

*N/A*

**Criterion:** #9: Goal Three - In this criterion, you will identify your unit goals and tell us how they align to Plan 2020, how they are measured, and what resources you need to meet them.

*Task Force:*
1. Comment on the specificity of the goal:

The goal is not measurable or time specific as stated.

2. Comment on the goal's measures:

Metrics need a baseline and target number.

3. Comment on the unit's ability to achieve the goal (include a consideration of the departmental profile and budget data):

Unsure because target is not defined.

4. Comment on the goal's relevance:

It is unclear from this document whether this goal matches up with the IPFW strategic plan. If so, this goal would not be relevant.

5. Comment on the timeline of the goal:

Missing

Possible opportunities for collaboration or suggestions for addressing a gap:

This goal has the potential to provide a measurable learning outcome for students. If so, this would move the goal to relevant to IPFW's strategic plan.

**Question:** Unit Goal - What is your unit goal?

**IPFW Lafayette Street Family Health Clinic:**

- Provide family planning services to underserved women and men.

**Question:** IPFW Goal - What 2020 goal(s) does this unit goal align with? List as many as apply. If it does not align, you may write “NA” or clarify.

N/A

**Question:** Priority Level - Is the unit goal high, medium, or low priority? Limit your high-priority unit goals to 3 to 5.

High

**Question:** Actions - What action(s) does your unit plan to take to support this unit goal?

Continuing to build patient visits and billing insurance when possible. Continue to secure grant funding.

**Question:**
Metrics - With what metrics will you assess progress toward accomplishing this unit goal on an annual basis?

Number of patient visits and individuals signed up for insurance. Patient satisfaction survey.

**Question:** Resources - Are you able to accomplish this unit goal with your current resources?

Increased funding will be through grants and billing insurance when possible.

**Question:** Needed Resources - If you don’t have enough resources, what additional resources do you need to accomplish this unit goal?

N/A

**Question:** Challenges - What challenges, other than financial resources, might affect your progress toward accomplishing this unit goal?

Marketing.

**Question:** Timeline - If achieving this unit goal will take longer than one year, what is your timeline for implementing and accomplishing it?

N/A

**Criterion:** #10: Goal Four - In this criterion, you will identify your unit goals and tell us how they align to Plan 2020, how they are measured, and what resources you need to meet them.

**Question:** Unit Goal - What is your unit goal?

**Question:** IPFW Goal - What 2020 goal(s) does this unit goal align with? List as many as apply. If it does not align, you may write “NA” or clarify.

**Question:** Priority Level - Is the unit goal high, medium, or low priority? Limit your high-priority unit goals to 3 to 5.

**Question:** Actions - What action(s) does your unit plan to take to support this unit goal?
BHC Behavioral Health Clinic

Metrics - With what metrics will you assess progress toward accomplishing this unit goal on an annual basis?

**Question:** Resources - Are you able to accomplish this unit goal with your current resources?

**Question:** Needed Resources - If you don’t have enough resources, what additional resources do you need to accomplish this unit goal?

**Question:** Challenges - What challenges, other than financial resources, might affect your progress toward accomplishing this unit goal?

**Question:** Timeline - If achieving this unit goal will take longer than one year, what is your timeline for implementing and accomplishing it?

**Criterion:** #11: Goal Five - In this criterion, you will identify your unit goals and tell us how they align to Plan 2020, how they are measured, and what resources you need to meet them.

**Question:** Unit Goal - What is your unit goal?

**Question:** IPFW Goal - What 2020 goal(s) does this unit goal align with? List as many as apply. If it does not align, you may write “NA” or clarify.

**Question:** Priority Level - Is the unit goal high, medium, or low priority? Limit your high-priority unit goals to 3 to 5.

**Question:** Actions - What action(s) does your unit plan to take to support this unit goal?

**Question:** Metrics - With what metrics will you assess progress toward accomplishing this unit goal on an annual basis?

**Question:** Resources - Are you able to accomplish this unit goal with your current resources?
**Question:** Needed Resources - If you don’t have enough resources, what additional resources do you need to accomplish this unit goal?

**Question:** Challenges - What challenges, other than financial resources, might affect your progress toward accomplishing this unit goal?

**Question:** Timeline - If achieving this unit goal will take longer than one year, what is your timeline for implementing and accomplishing it?

**Criterion:** #12: Goal Six - In this criterion, you will identify your unit goals and tell us how they align to Plan 2020, how they are measured, and what resources you need to meet them.

**Question:** Unit Goal - What is your unit goal?

**Question:** IPFW Goal - What 2020 goal(s) does this unit goal align with? List as many as apply. If it does not align, you may write “NA” or clarify.

**Question:** Priority Level - Is the unit goal high, medium, or low priority? Limit your high-priority unit goals to 3 to 5.

**Question:** Actions - What action(s) does your unit plan to take to support this unit goal?

**Question:** Metrics - With what metrics will you assess progress toward accomplishing this unit goal on an annual basis?

**Question:** Resources - Are you able to accomplish this unit goal with your current resources?

**Question:** Needed Resources - If you don’t have enough resources, what additional resources do you need to accomplish this unit goal?
**Question:** Challenges - What challenges, other than financial resources, might affect your progress toward accomplishing this unit goal?

**Question:** Timeline - If achieving this unit goal will take longer than one year, what is your timeline for implementing and accomplishing it?

**Criterion:** #13: Goal Seven - In this criterion, you will identify your unit goals and tell us how they align to Plan 2020, how they are measured, and what resources you need to meet them.

**Question:** Unit Goal - What is your unit goal?

**Question:** IPFW Goal - What 2020 goal(s) does this unit goal align with? List as many as apply. If it does not align, you may write "NA" or clarify.

**Question:** Priority Level - Is the unit goal high, medium, or low priority? Limit your high-priority unit goals to 3 to 5.

**Question:** Actions - What action(s) does your unit plan to take to support this unit goal?

**Question:** Metrics - With what metrics will you assess progress toward accomplishing this unit goal on an annual basis?

**Question:** Resources - Are you able to accomplish this unit goal with your current resources?

**Question:** Needed Resources - If you don't have enough resources, what additional resources do you need to accomplish this unit goal?

**Question:** Challenges - What challenges, other than financial resources, might affect your progress toward accomplishing this unit goal?
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BHC Behavioral Health Clinic

Timeline - If achieving this unit goal will take longer than one year, what is your timeline for implementing and accomplishing it?

Criterion: #14: Goal Eight - In this criterion, you will identify your unit goals and tell us how they align to Plan 2020, how they are measured, and what resources you need to meet them.

Question: Unit Goal - What is your unit goal?

Question: IPFW Goal - What 2020 goal(s) does this unit goal align with? List as many as apply. If it does not align, you may write “NA” or clarify.

Question: Priority Level - Is the unit goal high, medium, or low priority? Limit your high-priority unit goals to 3 to 5.

Question: Actions - What action(s) does your unit plan to take to support this unit goal?

Question: Metrics - With what metrics will you assess progress toward accomplishing this unit goal on an annual basis?

Question: Resources - Are you able to accomplish this unit goal with your current resources?

Question: Needed Resources - If you don’t have enough resources, what additional resources do you need to accomplish this unit goal?

Question: Challenges - What challenges, other than financial resources, might affect your progress toward accomplishing this unit goal?

Question: Timeline - If achieving this unit goal will take longer than one year, what is your timeline for implementing and accomplishing it?
#15: Goal Nine - In this criterion, you will identify your unit goals and tell us how they align to Plan 2020, how they are measured, and what resources you need to meet them.

**Question:** Unit Goal - What is your unit goal?

**Question:** IPFW Goal - What 2020 goal(s) does this unit goal align with? List as many as apply. If it does not align, you may write "NA" or clarify.

**Question:** Priority Level - Is the unit goal high, medium, or low priority? Limit your high-priority unit goals to 3 to 5.

**Question:** Actions - What action(s) does your unit plan to take to support this unit goal?

**Question:** Metrics - With what metrics will you assess progress toward accomplishing this unit goal on an annual basis?

**Question:** Resources - Are you able to accomplish this unit goal with your current resources?

**Question:** Needed Resources - If you don’t have enough resources, what additional resources do you need to accomplish this unit goal?

**Question:** Challenges - What challenges, other than financial resources, might affect your progress toward accomplishing this unit goal?

**Question:** Timeline - If achieving this unit goal will take longer than one year, what is your timeline for implementing and accomplishing it?

**Criterion:** #16: Goal Ten - In this criterion, you will identify your unit goals and tell us how they align to Plan 2020, how they are measured, and what resources you need to meet them.
Question: Unit Goal - What is your unit goal?

Question: IPFW Goal - What 2020 goal(s) does this unit goal align with? List as many as apply. If it does not align, you may write “NA” or clarify.

Question: Priority Level - Is the unit goal high, medium, or low priority? Limit your high-priority unit goals to 3 to 5.

Question: Actions - What action(s) does your unit plan to take to support this unit goal?

Question: Metrics - With what metrics will you assess progress toward accomplishing this unit goal on an annual basis?

Question: Resources - Are you able to accomplish this unit goal with your current resources?

Question: Needed Resources - If you don’t have enough resources, what additional resources do you need to accomplish this unit goal?

Question: Challenges - What challenges, other than financial resources, might affect your progress toward accomplishing this unit goal?

Question: Timeline - If achieving this unit goal will take longer than one year, what is your timeline for implementing and accomplishing it?