



R.A.D.

Rape Aggression Defense System

The Rape Aggression Defense System (RAD) is a program of realistic, self-defense tactics and techniques. The RAD system is a comprehensive course for women that begins with awareness, prevention, risk reduction, and avoidance, while progressing on to the basics of hands-on defense training.

The class at IPFW is a comprehensive 12-hour course which begins with lectures on awareness, risk reduction, and avoidance, then continues with the basics of hands-on training. Students receive a manual that will act as their "ticket" to future course taught in the basic system.

RAD skills must be practiced for a lifetime. Once a student has completed a system with RAD, she may attend any RAD course of that system, and practice for free, in the United States and Canada.

Upcoming Classes:

2010	October 15, 25, November 1, 8	Mondays	6-9 PM
2011	January 29, February 5, 12	Saturdays	9 AM—1 PM
	April 7, 14, 21, 28	Thursdays	6-9 PM

Register at www.ipfw.edu/dcs or call 481-6239

\$25 for general public.

\$5 for female IPFW students, alumni, faculty, staff, spouses: (call 260-481-6619 to register for discounted price)