



S U I C I D E P R E V E N T I O N W E E K

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Take A Minute - Change A Life

In the United States, one person completes suicide every 13 minutes. 22 veterans commit suicide daily. It is estimated that more than 5 million people in the US have been directly affected by suicide.

Each suicide intimately affects 6 other people. If there is a suicide every 11 minutes, then there are 6 new survivors of suicide every 11 minutes as well.

Did you know that suicide is the 2nd leading cause of death among college students?

MONDAY - 9/11

▼ “Take 5 and Change A Life”

Mini Education Sessions

9:00am - 2:00pm

Sessions will be held at the following locations on IPFW's campus:

- Athletics Center Lobby
- Student Housing
- Walb Union 1st Floor
- Kettler Hall 1st Floor
- Neff Hall
- Alumni Plaza
- Liberal Arts
- Helmke Library

Everyone who does the take 5 activity will get a stuffed educational cup.

NEED SOMEONE TO TALK TO?

▼ IPFW Students can contact:

IPFW/Parkview Student Assistance Program for no charge counseling by calling 260-266-8060
Visit www.ipfw.edu/counseling

TUESDAY - 9/12

▼ “Mental Health 101”, Co-Sponsored by Active Minds and the Office of Diversity and Multicultural Affairs

12:00pm - 1:00pm

IPFW Walb G21

Join Us for Lunch - Taco Tuesday

This is a 3 part training series (Mental Health 101, Stigma 101, and Advocacy 101)

▼ “Suicide Survivor Candlelight Ceremony”

6:30pm - 8:30pm

Outside IPFW Venderly Bridge

(Access from Kettler Hall)

Partner with STOP Suicide of Northeast Indiana and “We Are Living” support group to honor loved ones lost to suicide.

▼ IPFW Benefit-eligible Faculty, Staff and Covered Family

Members can contact: IPFW Employee Assistance Program no charge counseling at

WEDNESDAY - 9/13

▼ Suicide Prevention Resource Fair with the Save The Seven Challenge & Meaningful Music FREE lunch for everyone who visits at least 6 resource tables

10:00am - 2:00pm

IPFW WALB Student Union, Hallways and Room 114

Visit with campus and community individuals and resource sites for suicide prevention and mental health care education activities, positive coping skills and how to help a friend.

FRIDAY - 9/15

▼ Project COMPASS Suicide Prevention Gate Keeper Training

9:00am - 12:00pm

IPFW Kettler Hall, Room G83

Become a Gatekeeper in our IPFW Community Contact compass@ipfw.edu to register.

THURSDAY - 9/14

▼ “13 Reasons Why” Mid-Day Panel Presentation and Discussion

11:30am - 12:30pm

IPFW Walb Classic Ballroom

Join Us for Lunch

Focus on “13 Reasons Why Not To” to counter perceptions, misunderstandings in the Netflix series.

▼ Project COMPASS Suicide Prevention Gate Keeper Training

2:00pm - 5:00pm

IPFW Kettler Hall, Room G83

Become a Gatekeeper in our IPFW Community Contact compass@ipfw.edu to register.

We welcome all campus and community members!

#IPFWSaveALife

Active Minds at IPFW

IPFW Project COMPASS

IPFW SUICIDE PREVENTION WEEK IS SUPPORTED BY:

Project COMPASS (COMMunity Partners Against Student Suicide), Center for Health Living, Campus Clinic and Wellness Programs, Offices of the Vice Chancellor of Students Affairs, Office of Diversity and Multicultural Affairs, Student Housing, HHS Student Success Center, Military Student Services, Peer Educators Program, Active Minds, Psy Chi, Psychology Club, The Resource Center, ARMY ROTC, Veteran's Administration - Northern Indiana Health Care Systems, Behavioral Health and Family Studies Institute, Office of The Dean of Students, IPFW/Parkview Student Assistant Program, Human Resources and Office of Institutional Equity

