

IPFW Eating Disorder ANAD Support Group **“Applying New Attitudes and Directions”** **Weekly Meetings**



When: Mondays 6:30 pm - 8:30 pm

Where: IPFW Walb Student Union, IPFW/Parkview Health and Wellness Clinic, Room 234

Cost: NO Charge!

Purpose:

A place for individuals to come together for support, hope, and motivation to stay with steps for a healthier life.

The Group:

- * Provides positive support, education, and information
- * Provides non judgmental and respectful place for communication and goal setting

For useful information on eating disorders go:

www.NationalEatingDisorders.org and www.ANAD.org

For more information call Judy Tillapaugh, RD at 481-6647 or e-mail Tillapau@ipfw.edu

“We Are More Than We Weigh. We are caring, flexible, brave...”