



IPFW
21st Anniversary
Health Fair
"Fit" Within Your Budget

Wednesday, March 24, 2010

IPFW Walb Student Union

9:00 am—3:00 pm

- Over 100 vendors providing education and screenings
- Free health education: cancer, diabetes, fitness, foot care, heart disease, skin care, stress relief, tobacco cessation and many more!
- Free health screenings: blood sugar, blood pressure, body fat, bone density, gambling assessment, HIV, heart disease risk, self-suicide assessment, test anxiety and many more!
- Full blood profile available for \$28 with 12 hour fast required
- Budget-friendly fitness activities and demonstrations
- Healthy living cooking demonstrations
- Free food and gift drawings

Make "cents" of your health



For more information call 481-6647

Email tillapau@ipfw.edu

Visit us on the web: www.ipfw.edu/health



PARKVIEW

OCCUPATIONAL HEALTH

Sponsored by IPFW Department of Athletics, Recreation and Intramural Sports, IPFW/Parkview Health and Wellness Clinic, and Indiana University Purdue University Student Government Association

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