

your body. your life. ...and How to Love it!

Society's standards for the ideal body can often leave us dissatisfied with ourselves! Join us for an evening of understanding cultural influences on body image and self worth.

Come learn ways to bolster self image and confidence no matter your age.

Date: March 2, 2010

Check In Begins: 6:30 pm

Program Begins: 7:00 pm - 8:30 pm

Location: Parkview Corporate Office Auditorium

10501 Corporate Dr. Fort Wayne, IN 46845

Exit off the Dupont Rd exit at the I 69 interchange. Turn left at first light East

Once on Parkview plaza drive, turn at first left to reach Parkview Corporate Office Auditorium

free to the public

Presented by

Barb Richards,

Majic 95.1 Program Director

Linda Smith, MS, NCC, CCMHC, LMHC, LMFT, CEDS

Certified Eating Disorder Specialist

Consulting and Counseling Associates

Dr. Bill Utesch, Ph.D, LMHC

Director of IPFW Community Counseling Clinic

**National Eating
Disorder**

Awareness Week

February 21-27, 2010

For information visit

www.nationaleatingdisorders.org

Call 481-6647 or e-mail

Tillapau@ipfw.edu



NationalEatingDisorders.org



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**PARKVIEW
WOMEN'S HEALTH CENTER**