



October

Fall for
Wellness
2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 WW Week 8 🍇 KT 118 12-1 pm Bryce Mackie Speaker WU Ballroom, 12-1 pm	2	3	4
5	6	7	8 WW Week 9 🍇 KT 118 12-1 pm	9 Mental Health Day 🍏	10	11 Fall Break
12 Fall Break	13 Fall Break	14 Fall Break	15 Blood Health Profile 🍏 WU 114/116 7-10 am WW Week 10 🍇 KT 118 12-1 pm	16 Cooking Demo 🍏 WU 114/116 12-1 pm	17	18
19	20 Free Fitness Testing Gates Center 4:45-6:45 pm	21 Blood Health Profile 🍏 WU 222/224 7-10 am	22 Flu Shots WU 114/116 9 am – 4 pm WW Week 11 🍇 KT 118 12-1 pm	23	24	25
26	27	28	29 WW Week 12 🍇 WW Open House KT 118 12-1 pm	30	31	

Key:

WW=Weight Watchers

🍏=Healthy Purdue

🍏=Healthy Purdue Red Apple

🍇= Healthy Purdue Purple Apple