

Classroom Assessment Techniques...CATs

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“Teaching without learning is
just talking.”

Angelo and Cross (1993)



CATs are...

- Teaching methods to engage the learner
- Collect feedback on learning
- Simple – complex



Angelo, TA & Cross, KP and Millis, B

CATs

- Visible Quiz
- Minute Paper
- Muddiest Point
- Think – Pair – Share
- Round Table



Angelo, TA & Cross, KP and Millis, B

True or False

- It is illegal to convey unproven information about nutrition in magazine and newspaper articles.



True or False

- If the word “hydrogenated” appears in the ingredient list on a food label, the food contains trans fat.



Which of the following is lowest in fat?

- a. Bacon
- b. Canadian bacon
- c. Turkey sausage



True or False

- Dietary supplements must be proven safe and effective before they are put on the market.



True or False

- When we consume additional calories from beverages, we do not necessarily adjust our overall calorie intake.



Minute Paper

- What is the most important concept you learned today?
- Describe the difference between Type 1 & Type 2 diabetes.
- What did you learn from this unit that you did not already know?



Muddiest Point

- What question do you have about the material we covered today?
- What is unclear about the ideas presented in the unit on food allergies?



Think – Pair – Share

- What is moderate alcohol consumption?
- Identify two low-nutrient dense and two high-nutrient dense foods.
- What are the pros and cons of gastric surgery for the treatment of obesity?



Round Table...Brainstorming

Consider the last 24 hours...

1. Why did you eat?
2. Why did you eat what you ate?
3. Why did you eat how much you ate?



The name of a CAT which asks the student to write a short description of what they learned that day.

- a. Visible quiz
- b. Muddiest point
- c. Minute paper
- d. Fluffy



A CAT which asks students to write a question they still have over the subject matter.

- a. Visible quiz
- b. Muddiest point
- c. Think – pair – share
- d. Roundtable



A CAT which encourages students to share their ideas with other students.

- a. Visible quiz
- b. Muddiest point
- c. Think – pair – share
- d. Roundtable



True or False

- CATs are fabulous!



For additional information...

Angelo, T.A. & Cross, K.P. (1993) *Classroom assessment techniques: A handbook for college teachers* (2nd ed.). San Francisco: Jossey-Bass.

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Staley, C. (2003) *50 ways to leave your lectern*. Belmont, CA: Thomson Wadsworth.