

## **Examples of in-text citation and paraphrase in MLA documentation**

Many students experience difficulty in writing papers in college and anxiety is the most aggravating (Rose 25).

According to Maria Rose, nearly half of the participants in a University of New Mexico study of . . . reported “feeling anxious when beginning to write a paper” (26).

Rose argues that this anxiety stimulated two types of behavior: task avoidance (commonly known as procrastination) and task engagement (26).

In contrast to two-point interpretations (Jenkins and Albert; Rose), several researchers argue that writing anxiety can stimulate several behaviors, among them including task avoidance and task engagement (Hanson, par. 18). After reviewing literature in several fields, Hanson indicates that writing anxiety can prompt six behaviors: . . . (par. 19).

Some solutions for handling writing anxiety can include creating a support network, listing writing strengths, and trying something new (“Writing Anxiety,” sec. “What are some strategies”).

